



Fall 2009
Quarterly Dinner Meeting
The Homework Battle

Presented by:
Richard Pollack, Ph.D.
Susan O'Grady, Ph.D.
Sarah Wood, Ph.D.

Lafayette Park Hotel
(Hiway 24 to Pleasant Hill Rd; turn west onto Mt. Diablo Blvd.)

Thursday, September 24, 2009

6:30pm - No-host social hour
7:00pm - Dinner
7:00pm - Presentation

\$40 for members
1.5 CEU's
Dinner included

The Homework Battle: The Role of Psychologists in Working with Children, Parents and Schools to Promote Optimal Academic Achievement

This presentation will help therapists improve their ability to work with families who experience difficulties related to homework. Information regarding research related to the ongoing controversy regarding the utility of homework at different grade levels will be presented. It is important that practitioners who work with families are able to integrate an understanding of the role of motivation and engagement in academic success, in light of the role of family involvement. Working with the child as well as the school requires some skill in assessing learning problems, as well as coordinating with teachers, the school system, and developing effective instructional plans.

Learning Objectives:

Upon completion of this course, attendees will be able to:

- *Demonstrate familiarity with current research regarding homework effectiveness in elementary grades*
- *Utilize the relationship between motivation and engagement in clinical management of cases focused on effective learning with regard to homework*
- *Identify assessment and treatment options for families experiencing homework distress*
- *Develop effective clinical strategies for working with the educational system in coordination with parents and their children*

Presenters' Bios:

Dr. Richard Pollack has 27 years of experience in psychological testing of children, adolescents and adults. His practice addresses a wide range of diagnostic and treatment planning issues including, psychiatric illness, learning problems, educational planning and advocacy, SED eligibility, placement, substance abuse issues and more. He has taught assessment at the graduate level and provides consultation on diagnostic and treatment issues to business and government. He is a past President of the CCPA.

Dr. Susan O'Grady is a licensed psychologist with a general practice working with adults and kids. She works with a wide variety of issues and has extensive experience in individual therapy, marriage counseling and sex therapy. Dr. O'Grady has been in practice in Walnut Creek since 1989, and before that, she worked at Kaiser Hospital in Vallejo, in both the Departments of Medicine, and Psychiatry, doing behavioral psychotherapy for chronic pain, and other medical conditions. She served as Chief Psychology Fellow at Pacific Medical Center, in San Francisco. Dr. O'Grady has a special interest in family and marital dynamics with regard to academic performance, homework, and family discord resulting from homework battles.

Dr. Sarah Wood has practiced as a clinical psychologist in Contra Costa County since 1988. She has an office in Pleasant Hill where she specializes in treating substance abuse, identity issues and early trauma in adolescents and adults. She also specializes in couple's treatment.

RSVP by phone or mail

(925) 552-5255

CE Credits

CCPA is approved by the American Psychological Association to offer continuing education for psychologists. CCPA maintains responsibility for the educational content of its programs. One and a half CE credits are offered to psychologists attending this workshop.

Cost

\$40 for CCPA members

\$50 for non-members

Walk-ins discouraged

**Cancellation/Refund Policy: 100% refund is available until September 19, 2008.
No refunds after that time.**

Menu

Salad: Baby Greens Salad with Fromage Blanc, Vine Ripe Tomatoes with Lemon Vinaigrette

Entree: Grilled Tri-Tip, Garlic and Herb Roasted Red Thumb Potatoes, Broccolini, Tomato Vinaigrette

Vegetarian Entrée: Market Vegetable Wellington

Dessert: Lemon Tart with Whipped Cream and Candied Pecans

DON'T FORGET to RSVP

By September 19, 2008

We would like to insure there is enough food and seating

No walk-ins please

Dr. Kerstin Gutierrez
2819 Crow Canyon Rd. #201
San Ramon, CA 94583
925-552-5255

Name: _____

Address: _____

License#: _____

Phone: _____ **E-mail** _____

Vegetarian _____ **Fish/Meat Entree** _____

To become a member of CCPA

contact Dr. Shendl Tuchman @ (510) 595-5525 or print a membership application from our website (www.cocopsych.org) and include it with your registration fee. Full membership dues are \$100.00/yr.

COST: \$40.00 members

(Please include with your registration form) Includes dinner and presentation) Walk-ins discouraged.

Lafayette Park Hotel is wheelchair accessible. Participants requiring special accommodations should contact the registrar.

Dinner is served at 7:00. The presentation begins at 7:10. No-host bar will be open during the social hour before dinner is served.